PERIOD. Youth Champion Awards
A youth leadership award for champions of menstrual equity

In honor and celebration of young menstrual activists, PERIOD highlights and celebrates progress in the menstrual movement by amplifying and awarding young activists for their incredible impact and contributions to end period poverty and stigma in their own community.

This award is part of PERIOD’s annual State of the PERIOD fundraising season.
Learn more and submit nominations at period.org/youthawards

Youth Awards Eligibility:
- Ages 15 - 25 years old
- Live in the United States
- Collaborated with a club, group or organization to address menstrual equity
  - Award winners do not have to be connected to PERIOD chapters to be eligible for this award
- Pushed boundaries to advance menstrual equity in their community, reducing period poverty or stigma in any of the three award categories: service, education or advocacy
- Youth must be nominated by a mentor, teacher, counselor, or any other unrelated youth or adult who can speak to the applicant’s character and commitment to advancing menstrual equity in their community
- Only nominated youth will be eligible to apply for an award
- Current or former PERIOD. Youth Advisory Council members or staff are not eligible to receive this award

Nominated youth who identify as members of historically marginalized communities, including BIPOC or low-income communities will be prioritized, but is not a requirement for eligibility.

Award Categories
Ideal candidates are young menstrual activists who have pushed boundaries to advance menstrual equity in their community, reducing period poverty or stigma in any of the following categories.
There will be one award in each category.

PERIOD. Youth Champion Award in Service
- Collaborated with groups or organizations to increase accessibility to period products in their community
- Demonstrated commitment to bringing awareness about period poverty or stigma, and the importance of addressing this urgent need through product distribution

PERIOD. Youth Champion Award in Education
- Collaborated with groups or organizations to increase research or host educational workshops about period poverty or stigma in their community
- Demonstrated commitment to bringing awareness about period poverty or stigma, and the importance of addressing this urgent need through education
PERIOD. Youth Champion Award in Advocacy

- Collaborated with groups or organizations to organize efforts that advanced menstrual equity policies at the school, local, state or national level.
- Demonstrated commitment to bringing awareness about period poverty or stigma, and the importance of addressing this urgent need through advocacy

Award Recognition

Award winners will be celebrated and highlighted at PERIOD’s annual State of the Period fundraising events and invited to special events throughout the year. Award winners will receive a $1500 USD award in recognition of their efforts and contributions to advancing menstrual equity in their community. Details about celebration opportunity events will be discussed with award winners upon selection.

Additional award finalists may also be highlighted and celebrated in PERIOD. communications throughout the year to continue elevating and celebrating the contributions of young menstrual equity activists around the country.

Nomination Rules

Multiple nominations for the same person are gladly accepted, but will not guarantee the person will be given additional consideration for the award.

See timeline and nominate a young menstrual activist for this award on period.org/youthawards

PERIOD Awards Committee

PERIOD. is proud to have partnered with the Robert Wood Johnson Foundation to review and assess evaluation of award criteria and winner selection. Selection committee consists of PERIOD. Staff, Youth Advisory Council and Board Members.

For questions regarding the Youth Champion Award applications, please email pad@period.org

To submit a nomination, see period.org/youthawards

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