

PERIOD. Policy Intern

Type: Part-Time Internship, 8-10 Hours a week minimum, with a flexible schedule

Location: Remote

Reports to: National Policy & Campaigns Manager

Compensation: Course credit, if applicable

Timeline: January 2026 – May 2026

Role

The PERIOD. Policy Intern will support the organization's legislative advocacy efforts by assisting with bill tracking, policy research, advocacy campaign preparation, coalition coordination, and the development and execution of state and federal advocacy days. This is a highly collaborative, support-focused role designed to provide hands-on experience in legislative advocacy and nonprofit policy work.

PERIOD. believes that menstruation is an integral part of reproductive health, and our mission to eradicate period poverty and period stigma is fundamentally based on honoring menstruator's autonomy and trusting them to manage their periods and bodies in the way they choose.

Position Overview

The Advocacy Programs Intern will support PERIOD's national and state-level policy and advocacy efforts while also contributing to broader programmatic and educational initiatives. This role blends legislative research and campaign support with public health-focused programming, communications, and resource development.

This practicum-style internship is ideal for MPH students or graduate students in public policy, political science, social work, public health, or related fields who want hands-on experience at the intersection of health equity, gender justice, and policy change.

Essential Functions Include:

The Policy Intern will:

1. Legislative Research & Tracking
 - a. Conduct basic background research on new policy ideas, comparative legislation in other states, and relevant issue areas as assigned.
2. Advocacy Campaign Support
 - a. Support the development and execution of PERIOD's virtual and in-person advocacy days
 - b. Assist with preparation for federal-level advocacy events
3. Coalition & Partner Engagement

- a. Coordinate logistics for state coalitions, advocacy groups, and legislative offices
 - b. Prepare contact lists, background research, and outreach templates.
4. General Program Support
 - a. Participate in weekly team meetings and regular 1:1 check-ins.
 - b. Support cross-team projects related to campaigns, youth organizing, and public education as the opportunity arises and is aligned with the student's long-term goals

Proficiencies and Education:

- Current graduate student (MPH, MPP, Political Science, Public Policy, Social Work, Law, or related field)
- Strong research and writing skills with excellent attention to detail.
- Comfort discussing menstrual health and gender equity with diverse audiences
- Enthusiasm for cross-sector collaboration and professional communication with advocates, policymakers, and organizational partners.
- Familiarity with Google Workspace; experience with legislative research tools is a plus.

Learning & Mentorship

Interns receive structured mentorship, professional development, and regular supervision. The scope of work will be co-developed to align with the student's academic goals, strengths, and interests. This role may qualify for course credit through the student's academic program.

To Apply: Email your resume and a brief statement of interest to policy@period.org