

**University of Portland**

If anything came up in the workshop that you would like additional guidance on, you should consult resources on campus and in

the community.

* + - * **The Health and Counseling Center**

- The Health and Counseling Center is located on   
 the top floor of Orrico Hall.

- Open Monday-Friday, 8:30 a.m. to 4:30 p.m.

- Closed

- Daily from 12:00 p.m.- 1:00 p.m.

- Schedule an Appointment: (503) 943-7134

- Questions? email [hcc@up.edu](mailto:hcc@up.edu)

* + - * **Zoom Care**

- Takes Most Insurance

- Providence

* + - * **Providence Women’s Clinic**   
        **Providence St. Vincent Medical Center**

- 9135 Southwest Barnes Road  
 Suite 761, Portland, OR 97225