

PERIOD. CHAPTER ADVISOR GUIDE

You have been asked to be an Advisor for a PERIOD. Chapter!

Advisors play a vital role in supporting student leaders by offering guidance, continuity, and encouragement while empowering youth to lead! We anticipate your role as an advisor to **require 1–3 hours per month**. Time may vary depending on the chapter's needs and activity level.

Reminder: Advisors must be located in the same state as their chapter.

Your Role as an Advisor

- Support and mentor youth leaders
- Provide guidance and institutional knowledge
- Help ensure continuity year to year
- Serve as an additional point of connection between the chapter and PERIOD.

Supporting your chapter includes:

- Answering questions and offering advice when needed
- Attend occasional meetings or check-ins (as available)
- Help students navigate challenges or transitions
- Connect student leaders to PERIOD staff and resources when needed

Available Resources:



Chapter Newsletter

Make sure you and the rest of your Chapter leaders are signed up to receive the monthly Chapter newsletter.



PERIOD's General Newsletter

Sign up to stay informed of PERIOD's monthly newsletter for organization wide updates!



Chapter Community Portal

Join the portal to request period products, funding, and swag, learn about Period Action Day events, find chapter leadership transition applications and administrative resources, and more!



Important Contact Information

Chapter Program:

Please visit period.org/chapters

Chapters@period.org

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Follow us! @periodmovement

Stay connected on Instagram for organizational updates and see what fellow chapters are up to!

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