

PERIOD. Youth Advisory Council

PERIOD. is a youth-fueled nonprofit that equips and trains young people to eradicate period poverty and stigma through service, education, and advocacy. Through the distribution of menstrual products, promotion of youth leadership, and championing of menstrual equity in policy, PERIOD aims to center those disproportionately affected by period poverty and support local efforts for menstrual equity.

WHAT IS PERIOD's Youth Advisory Council (YAC)?

The Youth Advisory Council is a youth governance committee tasked with supporting the work of PERIOD. by providing insight and advice to PERIOD.'s programs and strategy. The Council provides direction around racial justice, inclusion, and centering youth voices in PERIOD.'s work.

The group consists of 8-12 youth activists, ages 14-25, who meet bi-monthly to tackle essential questions and provide strategic advice to PERIOD. staff and Board of Directors. Council members are a voice and face of PERIOD. youth activists, and ensure the voices and diversity of young activists are heard and represented in PERIOD.'s decision making and program design. YAC members are often featured in media, included in statewide and national coalitions, and requested by members of the PERIOD. Community or partners to discuss matters of menstrual equity.

Council members will vote amongst themselves to nominate the YAC Chair, Vice Chair, and YAC Secretary, and appoint two members to serve on the PERIOD. Board of Directors. Council members will commit to serving a two-year term (2022-24), and must be able to attend bi-monthly virtual council meetings of approximately 2 hours in length. Stipends are provided for bi-monthly meetings and some media requests, and typically are \$75 per bi-monthly meeting.

QUALIFICATIONS:

- Must be between 14-25 years old by August 1st 2022.
- Must live in the United States.
- Demonstrated ability to establish and cultivate respectful relationships with people from diverse backgrounds
- Holds self accountable, sets high expectations for self and others, works both independently and collaboratively, and relates tasks to organizational values.
- Must be interested and invested in advancing PERIOD.'s mission and values, and demonstrate a desire for PERIOD. to grow and succeed
- Must demonstrate leadership qualities related to: communication, integrity, accountability, empathy, resilience, vision, positivity, delegation, confidence, dedication to ending period poverty

2022-24 YAC Application Questions

Please upload your video and written responses to the following questions to the [Application Form](#).

Please write your responses in a separate word document to upload.

The final deadline is **May 31st 5pm PST**. If you have any questions, please reach out to Ally Crays, 2020-22 YAC Chair allyson@period.org

Video Submission

In under 2 minutes, please tell us why you would be a good fit for the Youth Advisory Council. Make sure to name the file "[First Name and Last Name]- PERIOD YAC".

Written Response

All questions below have a *maximum word count of 250 words each*.

1. List three of your greatest strengths and weaknesses, and how it affects your work as an activist.
2. Why are you fighting for menstrual equity? What is the extent of your personal involvement within the menstrual equity space?
3. How do you think your experience could strengthen PERIOD.'s work in the menstrual equity space?
4. How have you grown as an activist promoting menstrual equity in your community? What have you learned doing this work? Please include any barriers you have overcome.
5. What are three main accomplishments you have reached personally within the menstrual equity space in the last year? If you're part of a chapter, what are three accomplishments you have collectively reached in the past year, and what role did you play in accomplishing that?
6. Tell us about a time when you were in a group of people with differing opinions and you had to come to a mutual agreement. Explain how you were able to reach an agreement, and what you learned from it.
7. What is something you hope to accomplish in the future to further menstrual equity?